



: a set of negative and often unfair beliefs that a society or group of people have about something

Stigma is the door we must close. It is the past that we must move away from hence the Clarion Conscience movement. There is a long deep-seated history of mental illness treatment that is engrained in the fabric of this country and worldwide. People have lived far too long struggling with diagnoses of the brain. Even more, they have struggled with the labeling, judgment, and stigmatizing beliefs that these diagnoses subject them to from society. There is a need for a massive shift away from the stigmatizing attitudes that keep us restricted in our ability to heal and truly improve our lives. It is a well-known fact that those who suffer in silence for fear of judgment, ridicule, and labeling continue to regress into illness and sometimes despair. Many lives are lost each year and many people never receive treatment because of the stigmatizing beliefs that still plague the field of mental health treatment. Mental wellness is a crucial component of being a healthy functioning individual in society. The ability to seek mental health treatment should never be preceded with hesitation out of worries related to labeling.

History Of Stigma And Mental Health Treatment Worldwide And In The Us

Effect Of Stigma On Individuals

Effect Of Stigma On Treatment Providers

Commonly Stigmatized Diagnoses

Barriers Created By Stigmatizing Beliefs

Solutions To Treating Stigmatizing Beliefs